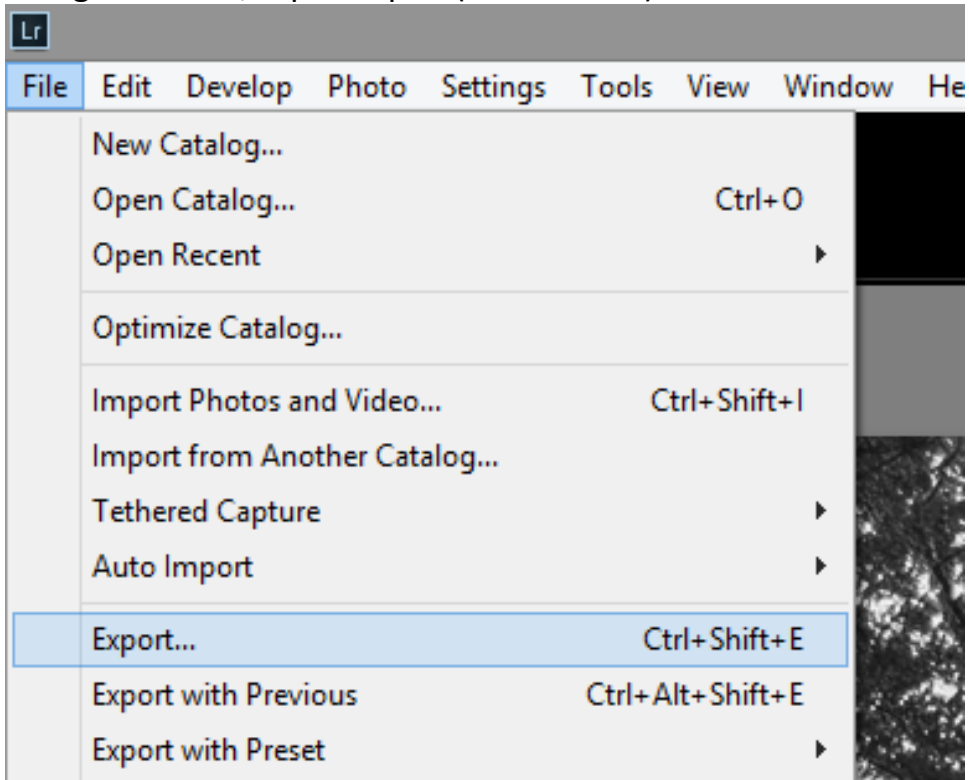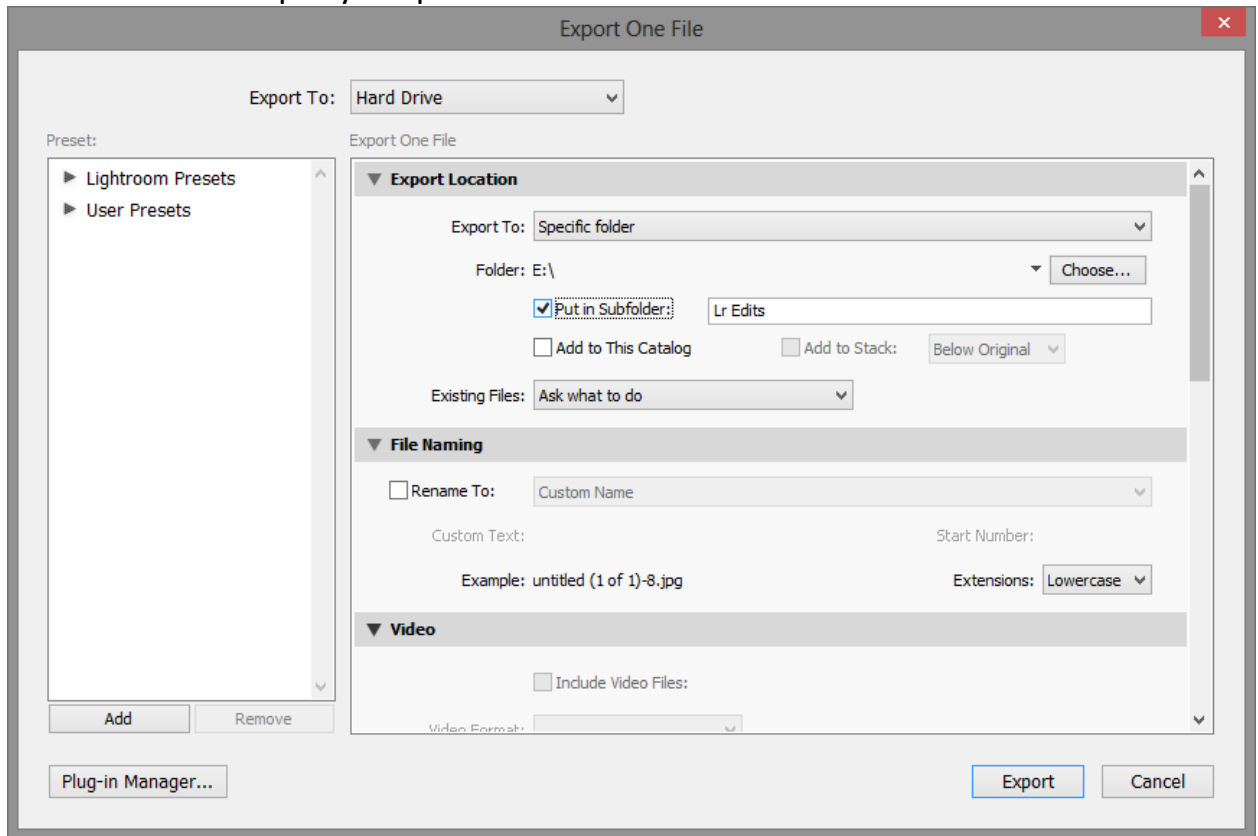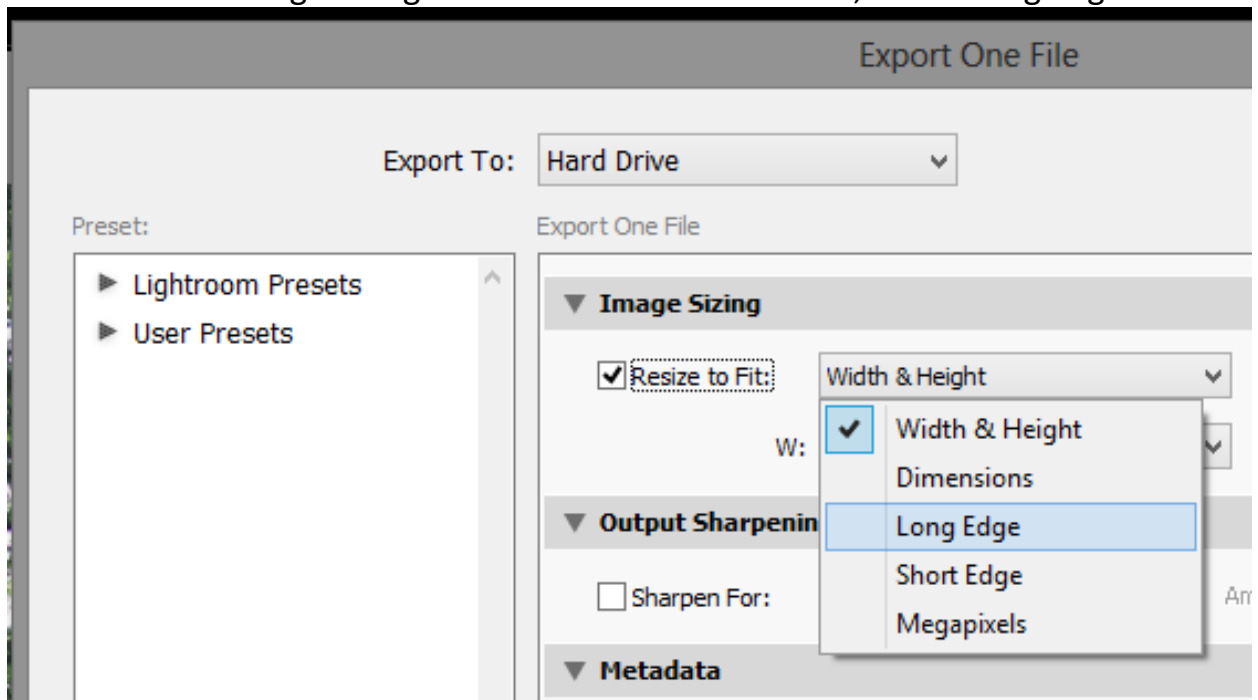1. Navigate to File/Export Open (Ctrl+Shift+E).

2. When the Export File panel pops up, select Choose and navigate to where you want to save your picture. I selected my flash drive (E). You can also create a folder to put your picture in. I created a folder called LrEdits.
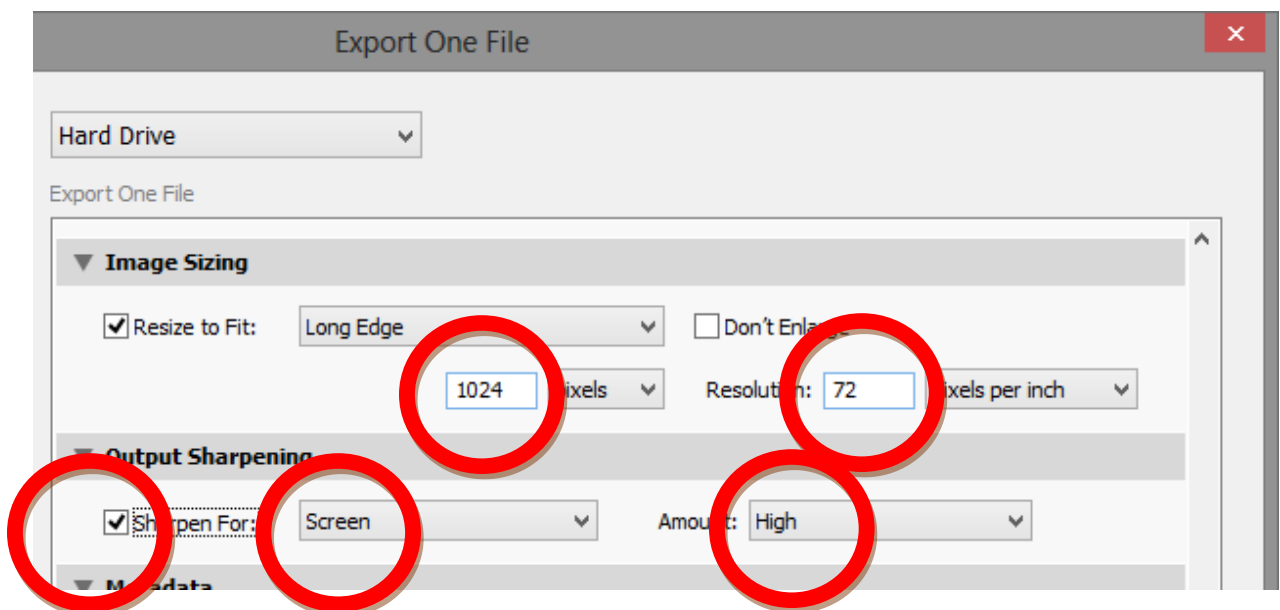
3. Scroll down to Image Sizing and click Resize to Fit. Then, select Long Edge.

4. Change the settings as follows:

    a. 1024 pixels

    b. Change Resolution to 72 pixels per inch

    c. Under Output Sharpening, click Sharpen For, select Screen, then select High.

5. Click Export. Your file is now resized for the web.